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## Novel anti-infectives: is host defence the answer?

Pamela Hamill, Kelly Brown, Håvard Jenssen and Robert EW Hancock

Resistance to antimicrobial agents and the limited development of novel agents are threatening to worsen the burden of infections that are already a leading cause of morbidity and mortality. This has increased interest in the development of novel strategies such as selective modulation of our natural immune defences. Innate immunity is a complex, evolutionarily conserved, multi-faceted response to defeating infection that is naturally stimulated by pathogenic organisms through pattern recognition receptors on host cells. It is amplifiable and broad spectrum but if overstimulated can lead to the potential for harmful inflammatory responses. A broad variety of therapies are already available or increasingly under development, to stimulate protective innate immunity without overtly stimulating harmful inflammation or even suppressing such damaging pro-inflammatory responses.

### Addresses

Centre for Microbial Diseases and Immunity Research, University of British Columbia, 2259 Lower Mall, Vancouver, British Columbia, Canada, V6T 1Z3

Corresponding author: Hancock, Robert EW ([bob@cmdr.ubc.ca](mailto:bob@cmdr.ubc.ca))

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### Introduction

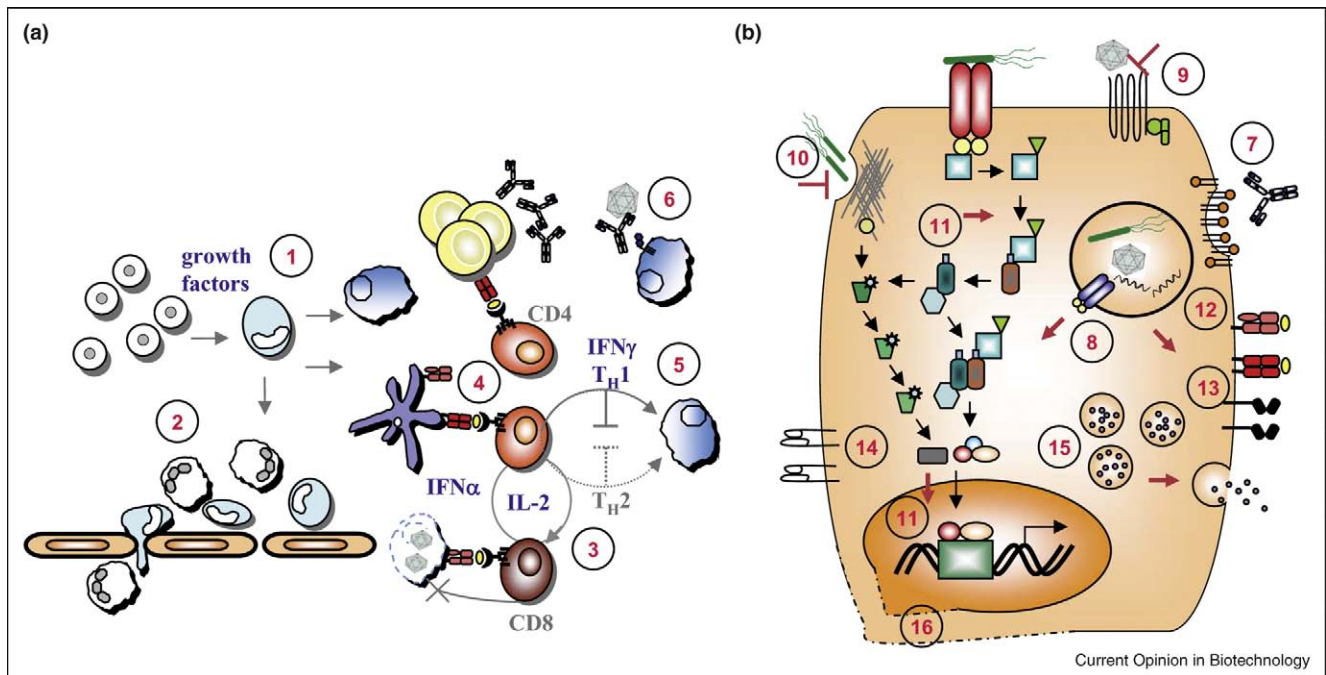
Despite the enormous positive impact that the development of antibiotic, antiviral and antifungal drugs have made on human health in recent decades, infectious diseases remain a major contributor to morbidity and mortality and a considerable burden to healthcare systems globally. The current WHO global burden of disease report indicates that infectious diseases account for nearly a third of global deaths while HIV, malaria, tuberculosis and lower respiratory tract infections were among the top eight leading causes of death in 2004 [1]. The alarming increase in the prevalence of antibiotic-resistant bacteria together with the threat of new and variant pathogens, exemplified by the emergence of HIV, SARS and avian influenza, highlights the urgent need for new strategies to combat infectious diseases.

Innate immunity represents a conserved, complex and multi-pronged response to overcoming infection that is present in all complex host species of life. Natural stimulation of innate immunity by pathogens results in an amplifiable, broad spectrum and protective immune response but if this response is too vigorous or prolonged it can lead to the potential for harmful inflammatory responses. Selective modulation of innate immunity as an anti-infective strategy is an emerging concept driven by the huge advances in our understanding of this crucial host defence system. The discovery of key pathogen recognition receptors (PRRs) such as the Toll-like receptors (TLRs), and intracellular sensors of microbial components such as the Nod-like receptors (NLRs) and RIG-I-like receptors (RLRs) [2], has stimulated a rapid expansion in information regarding pathogen-sensing mechanisms and intracellular signaling pathways and effector strategies that lead to a rapid, highly effective clearance of pathogens. This has provided valuable insights into the role of host immunity in the pathogenesis of infectious diseases and revealed possible targets for therapeutic intervention. Here we discuss the potential for this new approach in developing urgently needed novel anti-infective therapies and the progress being made towards this goal. There is also considerable activity currently within the biotech community focused on development of immunomodulators as treatments for inflammatory conditions and as vaccine adjuvants (see [3–6] for recent reviews); however, here we discuss recent developments and potential for the use of immunomodulators in the direct treatment of infectious diseases.

### Why target host innate immunity defence systems as an anti-infectious strategy?

Innate immunity is a highly effective defence system, considering the relative infrequency with which infectious diseases occur, despite our constant daily exposure to pathogens. Symptomatic diseases can progress either through damage caused directly by microbial factors or as a consequence of the immune response itself; some pathogens stimulate an overtly powerful pro-inflammatory response, while the response to other pathogens may be insufficient [7]. Hence immunomodulation offers the potential to tip the balance back in the favour of the host, either by boosting or inhibiting selected elements of the immune response as well as exploiting the powerful and multi-faceted effector mechanisms that have evolved specifically for the purpose of pathogen clearance. There are several advantages to modulating host innate immunity as an anti-infective strategy. Since the pathogen itself is not targeted, there is no selective pressure and hence a very small possibility of development of resistance to

Fig. 1



Existing and theoretical immunomodulatory strategies to combat infectious agents. Anti-infective therapies can be broadly divided into two categories; **(A)** those that mimic natural components of an immune response and **(B)** those that counter the offensive set forth by virulence factors of specific pathogens through manipulation of immune cells. Administration of recombinant forms of endogenous, soluble mediators can promote aspects of an immune response that are imperative for eradication of infectious agents, for example, (1) growth factors such as GM-CSF promote cell proliferation and differentiation, (2) chemokines promote cellular activation and transmigration of leukocytes to afflicted tissues, (3) cytokines such as IL-2 drive proliferation and activation of CD4+ helper (Th) and CD8+ cytotoxic (Tc) T lymphocytes whereas (4) type I (IFN- $\alpha$ ) and type II (IFN- $\gamma$ ) interferons drive antigen processing and the expression of co-stimulatory molecules and (5) polarize the immune response (towards a Th1 response in the presence of IFN- $\gamma$ ). Administration of immunoglobulins (Ig) specific for the pathogen (6) or for indicators (e.g. phosphatidylserine) that become exposed on the surface of infected host cells (7) expedite removal of the pathogen and simultaneously trigger an immune response. Alternatively, Ig-mediated blocking of receptors such as the CCR5 co-receptor for HIV (8), alteration to membrane cholesterol and lipid raft integrity and inhibition of clathrin-mediated or actin-mediated cytoskeletal rearrangements (9) could effectively prevent pathogens from gaining entry to cells and securing a niche in the host. Immunomodulatory drugs that engage sensory receptors on immune cells (10) instigate cellular defence processes, for example, stimulation of TLR-7 or TLR-9 leads to secretion of interferons and cell-mediated immunity that are imperative for defence against a viral infection. Signaling molecules within such pathways, namely those associated with the TLR-NF $\kappa$ B, MAPK, and caspase-1 (apoptotic) pathways may, however, be seized by intracellular pathogens, therefore drugs should also aim to regain control of these pathways (11) and subsequently, imperative cellular immune functions, for example, (12) antigen processing and presentation, (13) expression of co-stimulatory molecules, (14) expression of adhesion molecules (for chemotaxis), (15) secretion of soluble mediators of inflammatory and immunity (chemokines and cytokines), and (16) inhibition of cellular apoptosis.

treatment. Another attractive prospect is that, since host innate immunity utilizes effector mechanisms that are effective against a diverse array of pathogens, immunomodulation could form the basis for broad spectrum therapeutics to treat infections of bacterial, viral, fungal or parasitic origin. Further, since innate immunity is highly instrumental in directing subsequent adaptive responses, modulation of innate immunity could be used to initiate or reinforce immune responses or 'skew' them to either a Type I or Type II antigen-specific response, thereby encouraging the appropriate adaptive response for either intracellular or extracellular pathogens, respectively. However it is important to note that there are many potential disadvantages including the inappropriate dysregulation of immunity causing, for example sepsis or what is known as the cytokine storm, possible unfavour-

able interactions between infectious agents and the immunomodulators in combination, the induction of aggressive and damaging activated cells such as inflammatory macrophages and neutrophils, a range of immunotoxicities including histamine release, apoptosis, complement hyperactivation, among others, and the induction of autoimmunity or chronic inflammation. A simple example of the potential perils of immunotherapy is that a side effect of immune suppressive chemicals and irradiation is that the body becomes extremely vulnerable to infections.

### Existing and potential innate immune targets for development of anti-infectives

There is a wealth of potential targets for therapeutic intervention that capitalize on the complexities of the

Table 1

## A selection of immunomodulatory agents currently in clinical trials or developmental stages.

Drug	Description	Company	Status/Results	Reference
<b>Chronic HCV-directed therapies</b>				
Zadaxin®	Thymosin $\alpha$ 1 (thymalfasin)	SciClone/ Sigma-Tau	<b>Phase III:</b> Synthetic peptide. Promotes MHC class I expression, IL-2 and IFN $\gamma$ secretion, proliferation and activation of CD4 Th1, CD8, and NK cells. Decreases Th2 cytokines IL-4 and IL-10 that are counter productive to viral infections.	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
Oglufanide disodium	Dipeptide	Implicit Bioscience	<b>Phase II:</b> Intranasal synthetic formulation of a natural dipeptide of L-glutamic acid and L-tryptophan. Reverses suppression of the immune system.	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
SCV-07	Dipeptide	SciClone	<b>Phase II:</b> $\gamma$ -D-glutamyl-L-tryptophan, a synthetic dipeptide that activates Th1 cells	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
ANA773	TLR-7 agonist	Anadys	<b>Phase 1:</b> Induced secretion of IFN- $\alpha$ from human PBMC, increased NK cell cytotoxicity and cytokine secretion <i>in vitro</i>	July 2008, Anadys press release
IMO-2125	TLR-9 agonist	Idera Pharma	<b>Phase I:</b> TLR-9 agonist that induces IFN	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
Locteron	IFN- $\alpha$	Biolex Therapeutics Inc.	<b>Phase II complete:</b> Controlled-release drug delivery technology of IFN- $\alpha$	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
Albuzeron	IFN- $\alpha$ 2b	Human Genome Sciences/Hospira	<b>Phase III complete:</b> Bioengineered, long acting IFN- $\alpha$ conjugated to albumin	August 2007, HGS Press Release
IL-29	IFN- $\lambda$	ZymoGenetics	<b>Phase I complete:</b> PEG-IFN- $\lambda$ (long acting)	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
Omega IFN	Omega IFN	Intarcia Therapeutics	<b>Phase II complete:</b> Implantable infusion pump releases Omega interferon	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
Bavituximab (Tarvacin)	Monoclonal Ab against phospholipids	Peregrine	<b>Phase I complete:</b> Binding, for example, to phosphatidyl serine on the surface of virally infected cells will alert the immune system.	November 2007, Peregrine press release
Civacir	HCV Immune Globulin	NABI/Biotest AG	<b>Phase II:</b> Plasma-derived polyclonal antibody	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
Ceplene	Histamine dihydrochloride	Maxim	<b>Phase II (with PEG-IFN<math>\alpha</math>-2b and Ribavirin):</b> Histamine inhibits HCV NS3-induced oxidative stress and apoptosis in T cells, NK and NKT cells.	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
PeviPRO™/ PeviTER™	Therapeutic vaccine	Pevion Biotech	<b>Phase I:</b> Virosome-based synthetic cocktail that targets CD8 and CD4 helper T lymphocytes	December 2006, Pevion press release
ChronVac-C	Therapeutic vaccine	Inovio/ Tripep AB	<b>Phase I/II:</b> DNA-based, immune boosting vaccine with unique pulse-delivery method. Activates T cells to kill HCV-infected liver cells.	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
TG4040	Therapeutic vaccine	Transgene	<b>Phase I:</b> Attenuated strain of vaccinia virus (MVA), expressing non-structural proteins (NS3, NS4 and NS5B) of HCV	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
GI-5005 (Tarmogen)	Therapeutic vaccine	Globe Immune	<b>Phase II:</b> Delivered in combination with pegylated interferon and ribavirin. Targets two conserved HCV replication proteins.	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
IC41	Therapeutic vaccine	Intercell/Novartis	<b>Phase II:</b> Combination vaccine of five synthetic peptides with HCV, CD4 and CD8 T-cell epitopes	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
NOV-205	Immune modulator	Novelos Therapeutics	<b>Phase Ib complete:</b> Hepatoprotective agent with immunomodulatory/anti-inflammatory properties	<a href="http://www.novelos.com">www.novelos.com</a>
CTS-1027	MMP inhibitor	Conatus	<b>Phase II:</b> MMP inhibitor that reduces aminotransferase (ALT) activity and protects liver cells from damage during a viral infection	<a href="http://www.conatuspharma.com">www.conatuspharma.com</a>
LGD-4665	Receptor agonist	Ligand Pharmaceuticals	<b>Phase I complete:</b> Thrombopoietin receptor agonist. Stimulates platelet production. For use before or with other HCV treatments.	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
Eltrombopag (Promacta)	Receptor agonist	Glaxo SmithKline	<b>Phase II complete:</b> Thrombopoietin receptor agonist. Stimulates platelet production. For use before or with other HCV treatments.	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
<b>HIV-directed therapies</b>				
Ampligen	TLR-3 Agonist	Hemispherx Biopharma, Inc.	<b>Phase I complete:</b> Poly IC-12U is a dsRNA agonist of TLR-3 that stimulates the immune system and inhibits HIV replication <i>in vitro</i> .	<a href="http://www.hemispherx.net">www.hemispherx.net</a>
Vacc-4x	Therapeutic Vaccine	Bionor Immuno AS	<b>Phase II complete:</b> Therapeutic vaccine consisting of modified HIV peptides with increased immunogenicity	<a href="http://www.bionorimmuno.com">www.bionorimmuno.com</a>

Table 1 (Continued)

Drug	Description	Company	Status/Results	Reference
Leflunomide	Pyrimidine synthesis inhibitor	Sanofi-Aventis	<b>Phase I</b> (Licensed for arthritis): Immunosuppressive agent that blocks cell division in activated (virally infected) T cells thereby maintaining a sufficient population of T cells for defence while limiting the number of cells in which HIV can reproduce.	products.sanofi-aventis.us/arava/arava.pdf
Alpha Lipoic Acid	Antioxidant glutathione	NIAID (NCCAM)	<b>Phase II</b> (in use as an over the counter medicine; Phase III for neuropathy): Prevents oxidative stress and HIV-induced apoptosis of T cells	http://nccam.nih.gov/
<b>Antibacterial therapies</b>				
Soluble beta-1,3/1,6 glucan	Poly-saccharide	Biotec Pharmacon	<b>Phase I studies:</b> For gingivitis and periodontitis and general immune modulation. Beta 1,3-D glucans are polysaccharides that occur in cereal bran, yeast and fungi, and are biological response modifiers that activate the immune system.	www.biotec.no
IMX942	Peptide modeled on host defence peptides	Inimex	<b>Preliminary:</b> Parent molecule IDR-1 was demonstrated to work through selective stimulation of innate immunity, upregulating protective immunity while suppressing pro-inflammatory cytokine production in response to bacterial TLR agonists.	www.inimexpharma.com
CLS001	12-mer analog of antimicrobial peptide indolicidin	Migenix/Cutanea	<b>Phase III:</b> Developed as an antimicrobial peptide, Ormiganan (CLS001/CP-226/MX-226) has been demonstrated in Phase II trials to have anti-inflammatory properties vs. Rosacea and Acne.	www.migenix.com www.cutaneallife.com
hLF-1-11	Small peptide derived from human lactoferrin	AM-Pharma	<b>Phase II:</b> While originally developed as an antimicrobial peptide this peptide has very weak antibiotic activity and may protect via immunomodulatory activity. Trials address allogeneic bone marrow stem cell transplantation-associated infections.	www.am-pharma.com

\* Unlike traditional prophylactics, therapeutic vaccines are administered post-infection.

innate immune response and these include soluble mediators, membrane-bound receptors as well as intracellular signaling molecules (Figure 1). Currently approved immunomodulators are predominantly cytokine-based and exploit their natural role in potentiating antimicrobial responses, particularly against intracellular viral infections. The best-established cytokine therapies are recombinant and modified forms of IFN- $\alpha$  and IFN- $\beta$  (e.g. pegylated IFN- $\alpha$ ), which are effective treatments for several different viral diseases. They are most widely used in chronic HCV and HBV infections but are also administered for severe herpesvirus-associated disease in immunocompromised patients. Alternatively colony stimulating factors (CSF) are licensed to treat neutropenia, a depletion of neutrophils common in patients receiving medication or chemotherapy that damages the bone marrow. For example, GM-CSF restores and stimulates neutrophil functions that are crucial to fight bacterial and fungal infections, and is licensed for use in chemotherapy and HIV-infected patients to diminish susceptibility to infection. There are also examples of approved immunomodulators that act upon other innate immune targets. Imiquimod, a synthetic small molecule Toll-like receptor (TLR)-7 agonist, is currently used in the topical treatment of papillomavirus-associated genital warts and is believed to work through TLR-7-mediated secretion of cytokines such as IFN- $\alpha$ , IL-6 and TNF- $\alpha$  as well as activation of NK cells and macrophages [8]. Isoprinosine is an immunostimulant that enhances T-cell proliferation and activity and is approved for the treatment of HSV, EBV and viral hepatitis. Microbes themselves are also licensed for use as immunomodulators in Europe. Products such as Bronchomunal® (Lek) and Luivac® (Daiichi Sankyo Co.) consist of lyophilized bacteria and bacterial lysates, respectively, and are used as preventative and/or therapeutic treatments for respiratory tract infections. In addition, intravenous pooled human immunoglobulin is FDA approved and used as a general immunomodulator for pediatric HIV with off-label uses for several infection-related issues including sepsis and *C. difficile* colitis.

**Future prospects for development of anti-infective immunomodulators**

The case for increased research and development of immunomodulators as anti-infective therapies is bolstered by the success of therapeutic immunomodulators already in clinical use. At present, the most viable drugs are based on pathogen signature molecules (agonists of PRRs), cytokines and antimicrobial (host defence) peptides, and include TLR agonists/antagonists and agents targeting chemokines and cytokines. Many of these are aimed, although not exclusively, at viral infections (Table 1). However their potential in bacterial infections and the associated inflammatory sequelae seems strong, especially since we are running out of novel treatment options for bacteria.

## Antivirals

Although the majority of antiviral research remains focused on viral targets such as protease and polymerase enzymes, immunomodulation as an antiviral strategy is also being actively pursued. The switch to alternative approaches in antiviral development reflects the difficulties associated with successful targeting of crucial points in the virus life cycle and exploits an ever-increasing understanding of viral life cycles and immune evasion strategies. Many viruses establish chronic disease through their ability to subvert host immune responses [9,10], hence therapy based on immunomodulation to counteract viral immune evasion could be of great therapeutic value. The development of antiviral immunomodulators has been dominated to date by therapies targeting chronic viral infections such as HIV, HBV and HCV, for which there is a large unmet clinical need.

General strategies for therapeutic intervention in viral infection include boosting the host's natural antiviral effector mechanisms by inducing release of cytokines such as IFN- $\alpha$ , TNF- $\alpha$  and IL-12, NK cell activation and strong CD8<sup>+</sup> T cell responses, all of which are hallmarks of Th1-like immune responses that are crucial for the clearance of intracellular pathogens. The main approach to eliciting Th1-type responses is through stimulation of intracellular TLRs involved in the recognition of conserved microbial molecular signature molecules, using TLR agonists, and currently synthetic agonists directed at TLR-3 (dsRNA), TLR-7/8 (ssRNA) and TLR-9 (unmethylated CpG DNA motifs) are all in pre-clinical or clinical development Phases (Table 1).

Ampligen, a synthetic TLR-3 agonist consisting of Poly-I:PolyC<sub>12</sub>U RNA, is being developed by Hemispherx (Philadelphia, USA) and is in clinical trials as an HIV therapy, having had success in earlier trials [11]. Following on from the success of imiquimod in the treatment of HPV-associated warts, other TLR-7 agonists are being developed. Takeda Pharmaceuticals (Japan) has compound R851 in Phase II clinical trials in the US also for the treatment of HPV, while Anadys (San Diego, USA) has ANA773, an oral TLR-7 agonist prodrug, at a pre-clinical stage of development with current indications being Hepatitis C and cancer. Synthetic agonists of TLR-9 are currently the focus of much research and development since TLR-9 activation induces both innate and adaptive immune responses, making it an attractive target for the development of both anti-infective treatments and vaccine adjuvants. Currently, Dynavax (San Francisco, USA) has a candidate Type C TLR-9 agonist in the development for HCV therapy and similarly, Idera (Cambridge, USA) has a TLR-9 agonist, IMO-2125, as its lead candidate for the treatment of HCV in Phase I trials for patients not responding to standard interferon/ribavirin dual therapy [12].

One potential caution with such strategies is that the combination of a virus manipulating innate immunity and a TLR agonist doing the same could potentially yield surprising results, with an exacerbation of pro-inflammatory responses being the most concerning. Another issue is that TLRs have been found to be required not only for antiviral defence but also for viral infectivity that further adds to the complexity of such treatments [13,14]. TLR stimulation boosts antiviral defences by stimulating natural induction of IFN and other cytokines required to initiate a Th1 type response, but there are also ongoing efforts into developing improved IFNs for exogenous administration through increasing stability, strategies for oral delivery and increasing binding affinities for IFN receptors (Table 1).

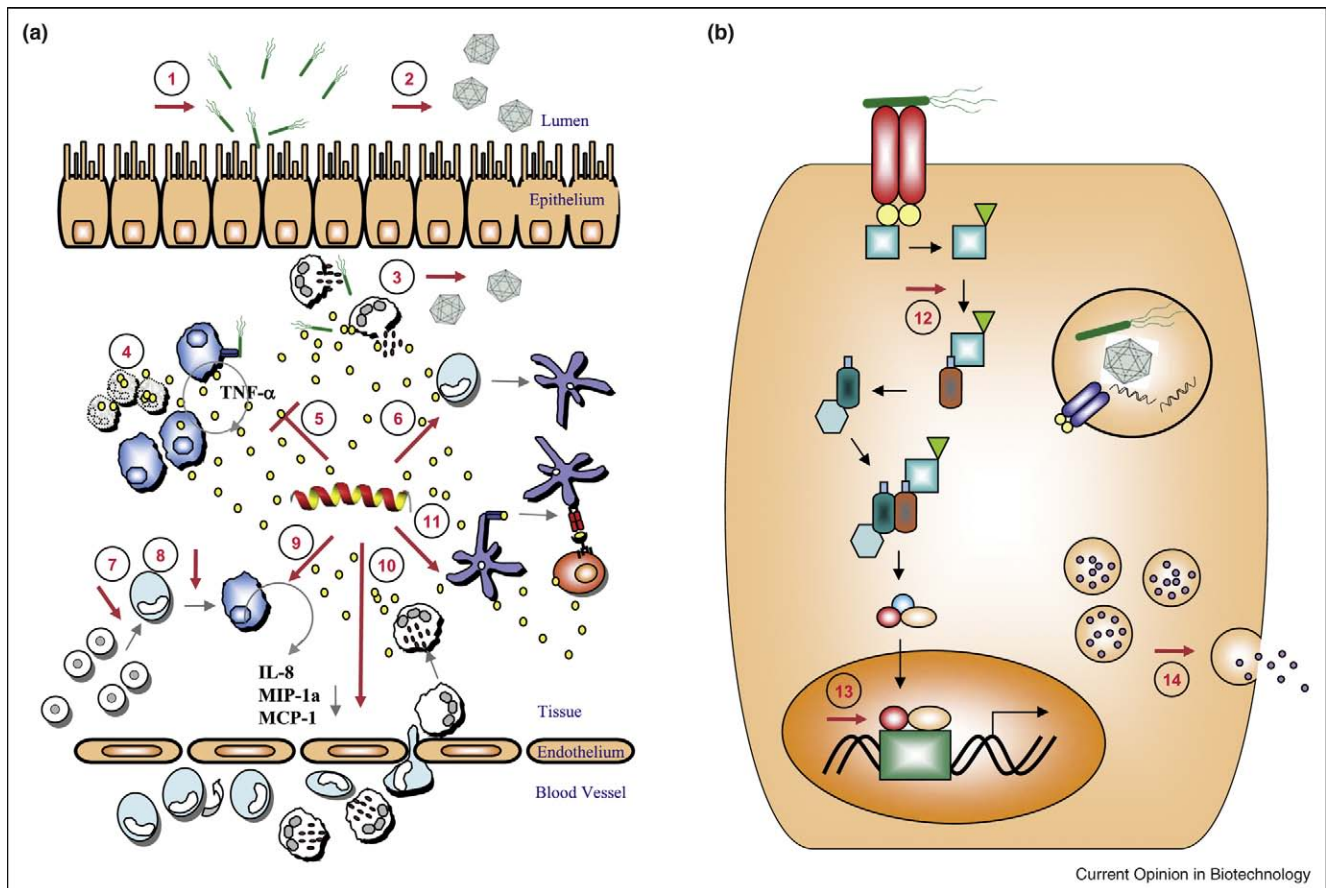
Alternative approaches to stimulating Th1-type responses to treat viral infections are also in development. The concept of therapeutic vaccines is a growing trend in developing treatments for chronic viral infections such as HCV and HIV. Like prophylactic vaccines they contain pathogen-specific epitopes to elicit an immune response; however they are administered post-infection and frequently have additional components to encourage the appropriate Th1 responses necessary for effective clearance of intracellular pathogens. Pevion Biotech (Berne, Switzerland) is developing a therapeutic vaccine that incorporates HCV antigen peptides encapsulated in proprietary 'virosomes', a carrier system designed to induce specific CTL and T helper cell responses in patients with chronic HCV infection [15,16]. Bionor AS (Skien, Norway) has HIV therapeutic vaccines in clinical trials that are based on novel peptide fragments with modified sequences to enhance immunogenicity.

In addition to strategies aimed at boosting general antiviral defence mechanisms, the possibility to develop custom immunomodulators tailored to treat specific viruses also exists, provided there is suitably detailed knowledge of the virus life cycle and pathogenesis.

## Host defence peptides

Other classes of immunomodulatory agents with the potential for development as anti-infectives include the host defence peptides (HDPs). HDPs are important innate immune effector molecules that are conserved in virtually all life forms [17]. While some possess direct antimicrobial activity (the ability to lyse or destabilize bacterial membranes or viral envelopes; often weak in natural peptides), others, such as the endogenous human HDP LL-37, exert potent and pleiotropic immunomodulatory effects (Figure 2) [18–20]. Synthetic peptides that retain many of the immunomodulatory properties of naturally occurring HDPs are currently being explored for their therapeutic potential [21] owing to their unique ability to promote protective innate immunity while suppressing potentially harmful inflammatory responses.

Fig. 2



Known properties of immunomodulatory host defense peptides (e.g. LL-37 and novel synthetic HDPs). The figure illustrates possible targets at the systemic level (A) and in a single cell (B). Prevention of pathogen interaction/binding to exposed host cell surfaces, through direct anti-bacterial (1) or antiviral (2) activity or blocking of pathogen receptor molecules. Pathogen may also be targeted directly in tissue by high concentrations of reactive oxygen intermediates, histamine or antimicrobial peptides released from activated neutrophil secretory vesicles (3). HDPs, for example LL-37, can alter TLR-induced responses, for example, suppress the expression of pro-inflammatory molecules (e.g. TNF- $\alpha$ ) and inhibit apoptosis of neutrophils (4 and 5). Dendritic cell differentiation may be targeted (6) as well as several steps in the maturation and differentiation of monocytes to macrophages (7 and 8). LL-37 activates macrophages (9), leading to release of effector molecules, primarily chemokines. These chemokines, as well as HDPs alone, promote chemotaxis and migration of leukocytes to the afflicted area (10). LL-37 promotes the expression of co-stimulatory molecules on DC and promotes expression of Th1 cytokine IL-12 (11). Several immune cells are known to be targeted by HDPs. Cell signaling may be affected at several levels in the signaling cascade (12), interfering with gene transcription (13), altering the cellular levels of different effector molecules and cellular degranulation (14).

Innate Defence Regulator-1 (IDR-1), an anti-infective peptide that selectively modulates the innate immune response, represents the first proof of principle that synthetic immunomodulatory peptides offer therapeutic potential [22<sup>••</sup>]. Despite possessing no direct antimicrobial activity, IDR-1 confers protection against multiple bacterial pathogens, including multiply antibiotic resistant strains (methicillin resistant *S. aureus*, vancomycin resistant *Enterococcus*), in mouse infection models. Mechanism of action studies have shown that IDR-1 stimulates the production of monocyte chemokines, dampens pro-inflammatory cytokine responses and activates monocyte-macrophage cells, without inducing toxic side effects. A 5 amino acid immunomodulatory peptide, IMX942, is in pre-clinical development by Inimex Pharmaceuticals

(Vancouver, Canada) with likely indications for future clinical trials being hospital-treated pneumonia, surgical site infections and chemotherapy-induced neutropenia. Intriguingly the peptide Omeganan, developed by Migenix Inc. (Vancouver, Canada) as an antimicrobial peptide, has demonstrated efficacy as an anti-inflammatory in suppressing the effects of acute acne and rosacea in Phase II clinical trials. The development of immunomodulatory HDPs is particularly attractive owing to their ability to resolve infections by antibiotic resistant bacteria and their ability to stimulate natural host defence effector mechanisms without inducing potentially harmful excessive pro-inflammatory responses. Since they also exhibit multi-faceted immunomodulatory capabilities, they may also circumvent the problems associated with stimulation

or inhibition of one individual process that could affect TLR-targeted agonists/antagonists.

Other immunomodulatory peptides in development for infectious disease include SCV-07 (gamma-D-glutamyl-L-tryptophan), a synthetic peptide with proven immune stimulating properties, which is already licensed in Russia for the treatment of tuberculosis. SciClone (California, USA) has introduced this compound into Phase II trials for HCV treatment [23]. Implicit Biosciences (Brisbane, Australia) is developing IM862 (ogluflanide disodium), a dipeptide of L-glutamyl-L-tryptophan with known anti-angiogenic and immunomodulatory properties initially isolated from the thymus [24], for HCV therapy, and has recently embarked on a Phase II trial in the USA.

### Challenges in the development of immunomodulatory anti-infectives

The development of immunomodulatory therapeutics is subject to unique difficulties arising due to interspecies and intraspecies variation and redundancy within the innate immune system. The potential lack of correlation between outcomes observed in animal models and human subjects can occur owing to fundamental interspecies differences in innate immunity (e.g. between human and mouse chemokine systems [25]) and is a problem that necessitates greater thought in establishing appropriate animal models as well as improved orthology predictions for innate immune-related genes. Genetic variation between individuals is another important yet unpredictable feature that can impact upon the effectiveness of therapies and has particular relevance for the development of immune-targeted therapies, since genes encoding immune-related proteins are among the fastest evolving within mammalian genomes. Given its hugely important role, it makes sense that redundancy is a feature of the innate immune system. The duplication of crucial features creates an important safety net, but also potentially undermines the effectiveness of therapies that target a single immune component, such as chemokines or their receptors. Despite their enormous potential, many new immunomodulator candidates have not progressed through clinical trials. This can be attributed partly to our incomplete understanding of the complex nature of the immune system and interindividual variability [26]. Certainly, continued interrogation of innate immunity using functional genomic and proteomic approaches at the systems biology level together with sophisticated bioinformatics analysis is necessary for the progression of novel immunomodulatory candidates into clinical use.

### Knowledge and technology advances that will accelerate the development of novel anti-infective immunomodulators

The application of new systems biology approaches and techniques such as siRNA gene silencing and transcrip-

tional network profiling to study innate immunity is already underway and will undoubtedly improve our understanding of innate immune responses and host-pathogen interactions and thus hopefully expedite the development of novel immunomodulators [27–29]. New bioinformatics resources have recently become available with the launches of Innate DB ([www.innatedb.com](http://www.innatedb.com)) [30] and IIDB (<http://db.systemsbio.net/IIDB>) [31], which are innate immunity-specific databases that include data analysis resources to facilitate the functional analysis of innate immunity responses, as well as the IIPGA program ([www.innateimmunity.net](http://www.innateimmunity.net)), which is a collaborative effort to analyze polymorphisms in human innate immunity genes.

It is noteworthy that the majority of existing and prospective immunomodulators are proteins, peptides or nucleic acids, which renders them more prone to difficulties in drug stability and delivery than conventional small molecule drugs. The development of pegylated forms of IFN, that display greatly enhanced stability, demonstrates how technological advances can improve the clinical usefulness of biologic therapies. Idera Pharmaceuticals (Cambridge, MA, USA) has recently generated chemically modified RNA compounds with increased resistance to nuclease activity that stimulate TLR-7 and TLR-8 *in vitro* and *in vivo* [32] as part of its development of nucleic acid-based TLR agonists. Advances in delivery systems for cytokines have also been made, such as the use of biodegradable microparticles constructed from poly-(lactide-co-glycolide) (PLGA), designed for *ex vivo* T-cell expansion, that permit the sustained release of IL-2 [33]. Such advances in formulation and delivery systems will also help expedite the progression of immunomodulators into clinical use [34].

### Conclusion

In recent years it has become evident that we are entering a 'post-antibiotic era' in which many previously successful drug regimes are becoming ineffective and it is only a matter of time before others follow suit. Pathogen-directed treatments will always be subject to the risk of the emergence of resistance; consequently the time has come to vigorously pursue alternative potential treatment approaches to infectious diseases. The targeting of innate immunity represents an intuitive new approach, and one that should be explored since there are few practical options available. Since disease is a manifestation of the pathogen's ability to overcome or subvert host immune responses, we argue that the development of novel anti-infectives that target the host immune system should warrant high priority. While this approach is not without its risks, as with conventional, pathogen-directed drug therapies, the therapeutic targeting of innate immunity is a concept in its infancy and hence the risks associated may be mitigated by more extensive research into the field, which is already underway, together with the implementation of new technology platforms and

methodologies. Greater understanding of the processes and regulation of innate responses will intuitively lead to improved strategies and solutions to overcome the problems that accompany the development of any new treatment.

So far, the concept of harnessing innate immunity to treat infectious diseases has been adopted primarily by the biotech community to target viral infections, despite the urgent clinical need also for treatments of antibiotic resistant bacterial strains. This perhaps reflects the recent emergence of viral diseases of global concern such as SARS and avian influenza, but also the fact that since the generation of pathogen targeting antiviral therapies has traditionally been more challenging, the prospect of alternate approaches to treating viral disease has been received with greater enthusiasm. In addition, because antibiotics have been so successful for many decades, most ongoing anti-infective development has remained focused on pathogen-directed therapies. It is well documented that the extent of anti-bacterial research is woefully mismatched to the need for new treatments and this is also due to financial obstacles in the development of new treatments, since anti-infectives tend to be less profitable than ventures targeting other types of diseases and are therefore less attractive to large pharmaceutical companies [35,36].

The existence of immunomodulators already in clinical use highlights that intelligent targeting of components of innate immunity is an achievable and efficacious route, and one that offers great potential for the future since it circumvents the problems of resistance that blight current treatments for infectious diseases. Immunomodulators may also be useful as adjunct therapies in conjunction with current anti-infectives, such that the treatment regime might consist of dual or multiple drugs that conjointly directly target the microbe itself in addition to providing an immunomodulator that boosts, suppresses or subtly adapts the immune response in such a way as to enhance host defences.

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